

FAQs for our hemp products

Do we grow our own cannabis?

Yes! Greene Goods Market is first and foremost a Greenhouse started in Jefferson, Iowa in 1960. We are actually the 5th Krieger generation growers dating back to 1892. Cannabis / hemp was a cash crop for our family through the 1930's and the 2018 Farm Bill granted us the ability to start growing cannabis again. Greene Goods were issued the third grow license issued in Iowa and owns the distinction of being issued the VERY FIRST Retail Consumable Hemp License ever issued in the state. #1! WHEN WE GROW IT, YOU KNOW IT!

What is CBD?

CBD (cannabidiol) is a natural compound found in cannabis. Unlike THC (tetrahydrocannabinol), another compound found naturally in the cannabis plant, CBD does not produce any psychoactive effects. CBD has become very popular in recent years as an "all-natural" alternative "synthetic" prescriptions mass produced by large pharmaceutical companies.

As research continues CBD is believed to have potential health benefits, such as **reducing anxiety, improving sleep and relieving pain and inflammation.**

What is the difference between hemp and cannabis"

Previously, the term "hemp" referred to the plant used for textiles, building materials and as a superfood with little or no medical properties. However, thanks to the 2018 Farm Bill, cannabis with a THC content of less than .3% is also considered "hemp".

Is it legal?

Yes, all of our products contain less than .3% THC, which makes it legal to sell, purchase and consume nation wide under the 2018 Farm Bill. Greene Goods is licensed in the state of Iowa both as a grower and retailer of these products.

Will it show up on a drug test?

Possibly. Our full-spectrum CBD items contain trace amounts of THC, which could potentially show up on a drug test. It is our belief that by preserving all of the beneficial cannabinoids and terpenes, our products are more effective than products that isolate CBD alone. We feel that the trace amounts of THC help to activate the CBD and help it help you!

How does CBD and THC work in the body?

Our products help to activate the bodies endocannabinoid system (a network of cell receptors and neurotransmitters found throughout the body). The endocannabinoid system plays an important roll in regulating things like appetite, mood, sleep and pain.

The endocannabinoid system is activated by cannabinoids which are natural compounds found in the cannabis plant. Cannabinoids can affect these physiological processes and potentially provide health benefits.